

DVT AWARENESS

Reduce the Risk of DVT

RISK FACTORS

DO ANY OF THESE APPLY TO YOU?

- ☐ Major surgery
- Confinement to bed
- ☐ Limited movement
- ☐ Sitting for a long time
- ☐ Birth control pills
- ☐ Hormone replacement therapy
- Pregnancy
- ☐ Heart disease
- Cancer and its treatment
- ☐ Previous DVT or PE
- ☐ Family history of DVT or PE
- □ Age
- Obesity
- Inherited clotting disorders

If You Checked Any Of These, Then You Could Be At Risk For Developing A DVT!

DVT FACTS

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A blood clot, also known a Deep Vein Thrombosis (DVT), can break loose and travel to the lungs resulting in a Pulmonary Embolism (PE), an often-fatal condition.

SIGVARIS, the global leader in medical compression stockings and socks, is working to educate people about DVT prevention in order to reduce these numbers.

Learn more: sigvarisusa.com

PREVENT DVT KEEP IN MIND

- Wear compression daily
- Exercise regularly
- Stop smoking
- Maintain a normal body weight
- Eat a healthy diet